



How will I feel after treatment ends?

Once you have finished treatment you may be anxious that you are no longer attending the chemotherapy department. You may have been attending for a number of months and suddenly your routine has changed. This change in routine can make you feel a bit low. This is normal. However, slowly you may start to feel that things are getting back to normal.

How will I be followed up?

After your chemotherapy has finished you will have a scan to find out how your cancer has responded to the treatment. Your cancer doctor will then discuss whether or not you would benefit from further treatment. You will then have regular check-ups with your oncology team. This may include blood tests, scans or x-rays. If you have any problems or notice new symptoms in between your appointments, let your cancer doctor know as soon as possible.

Most cancer doctors follow up patients at the local hospital for a period of five years. If after that time there is no relapse (new disease) you will be discharged from their care. If you have any problems or worries in between your appointments, contact your lung cancer nurse specialist. You don't have to wait until your next clinic appointment. Your GP will be sent a report about your treatment.

Questions to ask your doctor or lung cancer nurse specialist

Before choosing chemotherapy as a treatment option, you should understand the expected benefits, side effects, and risks. Ask your cancer doctor or lung cancer nurse specialist these questions at your next visit. Learn as much as you can about your treatment, and get an idea of the expected outcome.

1. What type of chemotherapy will I be getting?
2. What is the aim of the chemotherapy?
3. Are there other types of treatment that could be suitable for me instead of chemotherapy?
4. What are the risks and side-effects of the chemotherapy I will be having? How do these side-effects compare with side-effects of other treatments?
5. How long will I have to wait before starting treatment?
6. How will I know if the chemotherapy is working?



7. How will I get the chemotherapy, how often, and for how long?
8. Where will I go for the chemotherapy?
9. What can I do to prepare for treatment and reduce the chance of side-effects?
10. Will I need to change my lifestyle in any way?
11. If this chemotherapy doesn't work, are there other treatments I can get?
12. Are there any clinical trials I would benefit from?

Lung cancer nurse specialist

Name:

Phone number:

Other contact phone number:

GIVING HELP AND HOPE

The charity has two aims:

Supporting people living with lung cancer - Working closely with lung cancer nurses, we provide information, run lung cancer support groups and offer telephone and online support. Our patient grants offer some financial help to people affected by lung cancer.

Saving lives - We fund lung cancer research, campaign for better treatment and care for people who have lung cancer, and raise awareness of the importance of early diagnosis. Our lung cancer prevention work helps people to quit smoking and encourages young people not to start smoking.

Call us on 0333 323 7200 (option 2)

This information has been taken from the following sources:

Lung cancer—answering your questions: Chemotherapy for lung cancer 2014